



BOS Fork Setup

For:

- Maiden Unlimited - BOS Idylle Rare FCV
- Maiden World Cup - BOS Idylle Air

Air Pressures:

Recreational use

weight(kg/lbs)	55/120	60/132	65/143	70/154	75/165	80/176	85/187	95/210	105/231	110/242
pressure (psi)	155	160	165	170	175	180	185	190	195	205

Racing use

weight(kg/lbs)	55/120	60/132	65/143	70/154	75/165	80/176	85/187	95/210	105/231	110/242
pression (psi)	160	165	170	175	185	190	195	200	210	215

Minimum air pressure: 155 psi

Maximum air pressure: 215 psi

*NOTE: Pressurize the forks in 25psi increments. At each increment, gently push down 25-50mm of travel and slowly bring fork back to full travel. Continue until required pressure is achieved. This procedure equalizes the + and – air chambers.

For:

- Maiden Pro

weight (kg/lbs)	< 60 kg < 132 lbs	de 60 à 80 kg from 132 to 176 lbs	de 80 à 105 kg from 176 to 231 lbs	> 105 kg > 231 lbs
spring	green	orange	grey	purple
availability	extra	origin	extra	option

For:

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- Maiden Pro

Starting point adjustments - IDYLLE Rare

Recreational Use

Low speed compression : 15 clicks from the fully tighten position.
 High speed compression: 18 clicks from the fully tighten position.
 Rebound : 18 clicks from the fully tighten position.

Racing use

Low speed compression : 10 clicks from the fully tighten position.
 High speed compression: 20 clicks from the fully tighten position.
 Rebound : 16 clicks from the fully tighten position.

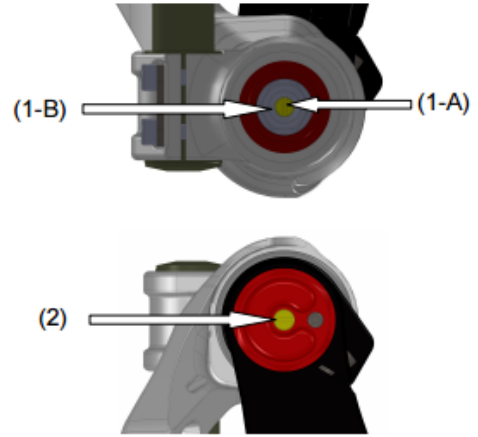
The **low speed compression** adjustment seats at the bottom of the right hand leg using a flat head screwdriver(1-A).

The **high speed compression** adjustment seats at the bottom of the right hand leg using a 14mm 6 points socket wrench (1-B).

The rebound adjustment is on the top of the right hand tube using a flat screwdriver(2).

Always start from fully tighten position, then tighten down counting the clicks to adjust your settings.

Tighten (anticlockwise) = close / harden
Undo (clockwise) = open / soften



*NOTE: The fork settings start from the fully closed position

BOS Shock Setup

For:

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- Maiden Pro

For the shock, please set them up as such, from the fully tightened position:

- LSC 10
- HSC 14
- REB 10-12, to suit.

*NOTE: The shocks settings start from the fully closed position.



Red adjuster = High Speed Compression
Silver adjuster = Low Speed Compression

Spring changes

*NOTE: The spring collar contains a plastic grub screw that must be loosened before the collar can freely turn.

Current spring spec:

- SM = 325#
- MD = 375#
- LG = 425#
- XL = 450#

Use your judgement if a swap is required. BOS provides springs in 25# increments.

*NOTE: The spring ID is 36mm / 1.42". Cane Creek and Rock Shox springs are interchangeable.